

# HOW TO FIGHT A SUPERBACTERIA

Only use antibiotics  
against bacterial  
infections

 Be careful, most are viral!

Don't stop taking your  
antibiotics even if you  
feel better

Don't give them the chance to  
fight back! 

Follow your doctor's  
prescription

 The dose and dosage are  
important!

Don't take spare  
antibiotics or share  
them with anyone

Your fight is unique!



Excessive use of antibiotics allows bacteria to grow resistant to them...  
The fight against multidrug resistant bacteria is in our hands!



5<sup>th</sup>-year medical students:  
José Benzaquen Aserraf  
Juan M<sup>a</sup> García Criado  
Natalia García Lara  
Javier Gismero Rodríguez