## **MEDICATION WITHOUT HARM**

Dr.Pooja Upasani<sup>1</sup>, Dr.Rohidas Barve<sup>2</sup>, Dr.Rajesh Hiray<sup>3</sup>

Byramjee Jeejeebhoy Government Medical College and Sassoon General Hospital, Pune, Maharashtra, India.

The three key actions of the 3<sup>rd</sup> WHO Global Patient Safety Challenge are: 1.Polypharmacy 2.High-risk situations 3.Transitions of care

The strategic framework involves the following

# 1.Patients and public

#### 1.1 Public awareness and medication literacy



## 1.3 Patient engagement



#### 1.2 Patient reporting



1.4 Involvement of Patients organization



### 2. Medicines

4. Systems and practices of medications

2.1 Product quality and safety



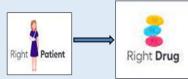
2.3 Naming, labelling and packaging



2.2 Storage and safe disposal



2.4 Right product at point of care



## 3. Healthcare professionals

#### 3.1 Education and training



3.3 Communication and team work



4.1 Leadership and Governance



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3.2 Capability at point of care



3.4 Incident reporting and learning



4.2 Administration and patient monitoring



4.4 Monitoring and evaluation



## The Case Study- Medication Error

A 62 years old male patient of post bilateral pulmonary embolism and was prescribed anticoagulant Coumadin (warfarin) 5mg daily. He came for weekly follow up with report of INR 8.

### Questioning

- No extra-warfarin
- No recent alcohol intake
- No new prescription medication
- No symptoms of bruising/bleeding

## Further questioning

New medication started 5 days earlier – Xarelto 2mg (Rivaroxaban)

### Enquiry

- Clinic staff had asked to discontinue Xarelto.
  Prescription for Xarelto had been sent to his retail pharmacy to inquire about the cost of the medication with his insurance plan.
- The retail pharmacy kept it on hold rather than discontinuation and filled and dispensed it.
- Patient was not counseled about the same and assumed that it was prescribed for neuropathy

### Action

Xarelto was discontinued and warfarin dose gradually reduced until INR was within range

## Importance

- Case shows importance of counseling patients on new medication and inquiring about potential duplicate therapies.
- Good communication is vital, including a formal comparison of medicines pre and post-care, socalled medication reconciliation. Patients can be valuable and active participants in this process by maintaining a current medicine list that is updated when any medicine changes occur.

### **Medication reconciliation**

- Medication reconciliation is the process of creating the most accurate list possible of all medications a patient is taking — including drug name, dosage, frequency, and route — and comparing that list against the physician's admission, transfer, and/or discharge orders, with the goal of providing correct medications.
- It ensures that a hospital patient's medication list is as up-to-date as possible.
- This reconciliation is done to avoid medication errors such as omissions, duplications, dosing errors or drug interactions.

# **Medication Reconciliation**

