

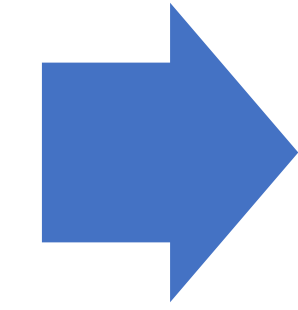


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Background

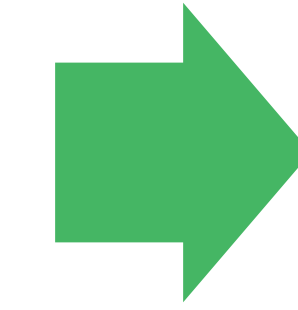
Sex and gender differences in the prevalence of pain¹



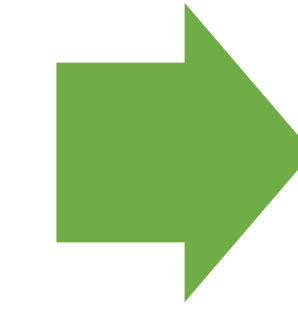
Sex and gender differences in the experience and expression of pain¹



Sex and gender differences in the drug effect of pain medicine¹



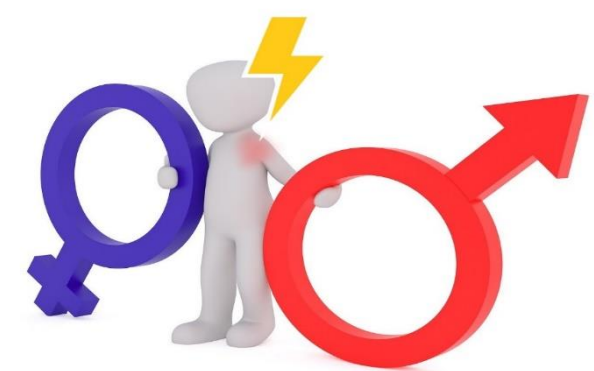
Dyadic structures influence the communication between healthcare providers and patients and the therapy¹



To develop and pilot a sex- and gender-sensitive intervention for patients with chronic non-cancer pain (CNC) receiving long-term opioid therapy (LTOT)

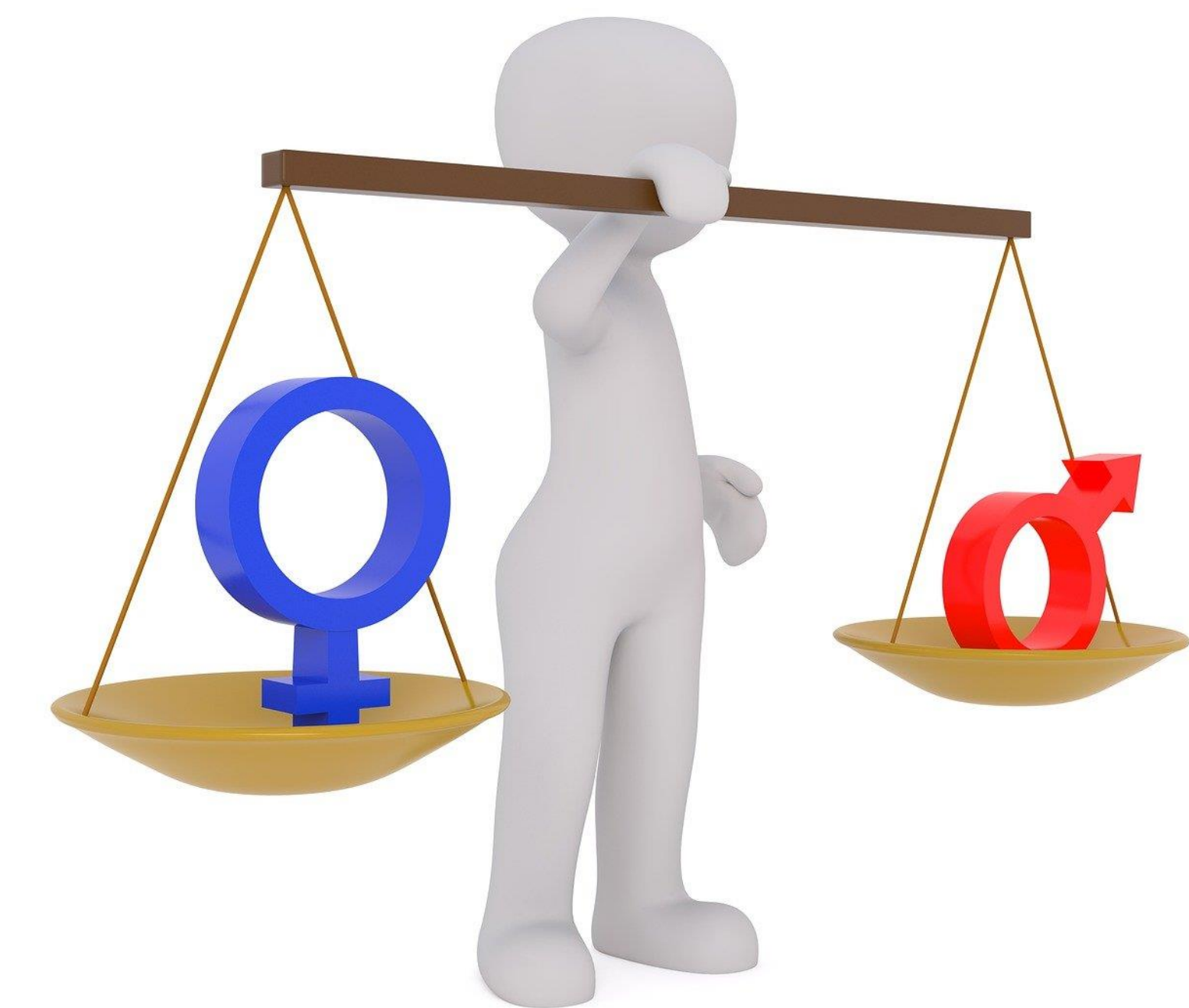
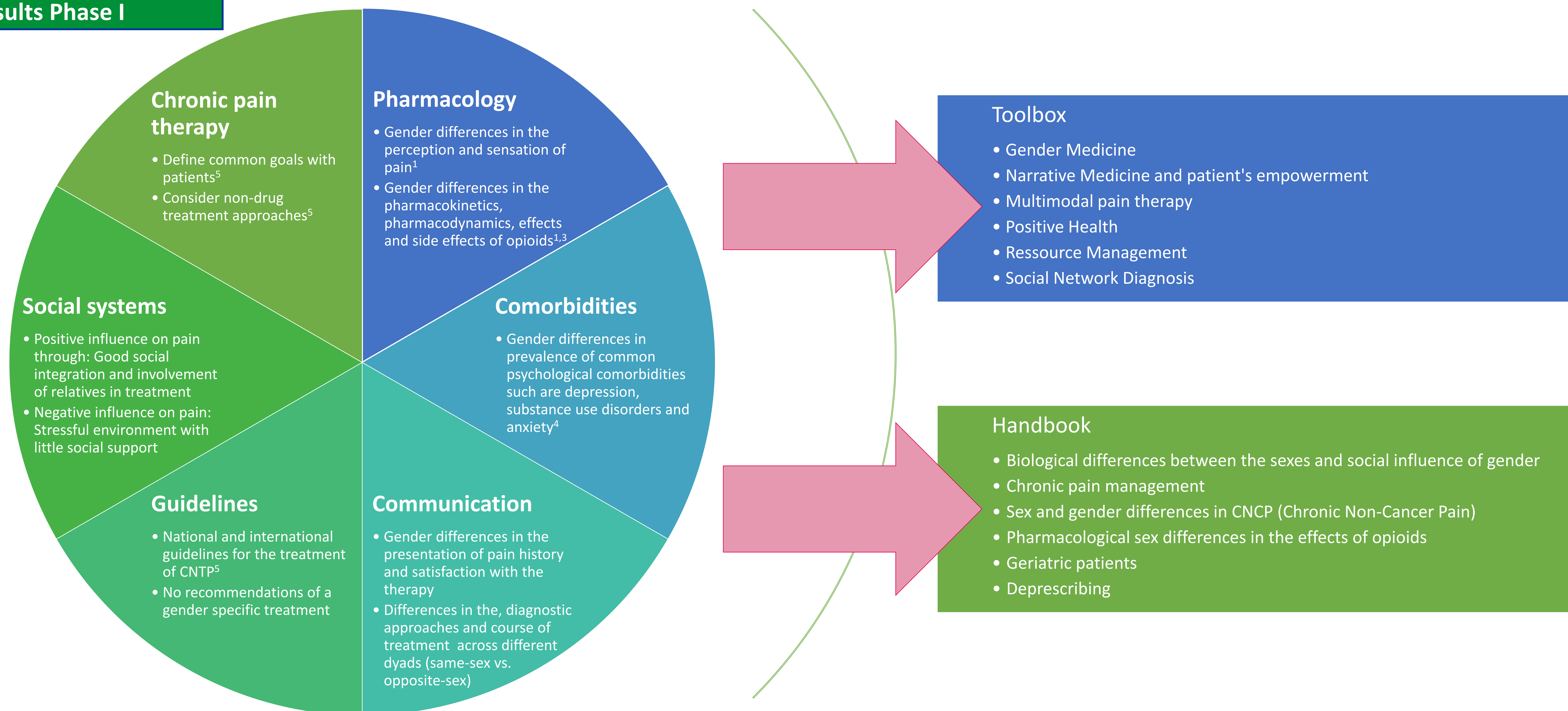
Aim

Methods



In Phase I of the study, a literature review was conducted, followed by workshops with stakeholders, including GPs, patients, and other experts. Additionally, guideline-based interviews were carried out with GPs and CNC patients undergoing LTOT. The development of a Theory of Change method took place during two workshops.

Results Phase I



Conclusions

- In Phase II of the study, the developed instruments will be evaluated using a single-arm, pre-post design. The novel intervention will undergo pilot testing with a sample of 40 CNC patients and 10 GPs on LTOT.
- A novel approach to integrate the sex- and gender-specific knowledge in everyday praxis analyzing how the existing knowledge on sex- and gender-sensitive pain therapy affects medication intake, therapy acceptance and patient satisfaction

References

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